

CERTIFICATE OF PARTICIPATION

This is to certify that

Anton Post

Has successfully participated & completed the
8km Shift Wellness - Trail Run, The Shift Series
held at Walter Sisulu Garden.

TIME 01:27:19

PACE 10:54/km
OVERALL 89 of 166

GENDER 54 of 78
OPEN 32 of 40

23 June 2019, Sun

Date



BoutTime

Signature

